

# CLINICAL MENTAL HEALTH COUNSELING, MA

## Program Overview

The Counseling and Human Services program is designed for students who aspire to transform schools and communities in the pursuit of social justice through individualized attention to the needs of children, adolescents, and adults. An undergraduate academic major in counseling is not required. Students may choose from degree programs in Clinical Mental Health Counseling and School Counseling (<https://catalog.roosevelt.edu/graduate/health-science/school-counseling-ma/>).

The Clinical Mental Health Counseling program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) (<https://www.cacrep.org>) and prepares students for work as professional counselors and meets the comprehensive mental health needs of diverse clients. Students are prepared to develop a strong therapeutic relationship with clients, assess, diagnose, and treat mental health disorders, in a variety of settings. Our students provide clinical counseling services in hospitals, not-for-profit agencies, community agencies, private practices, and school based mental health programs. The program satisfies academic requirements for candidates to pursue licensure as a Licensed Professional Counselor (LPC) and Licensed Clinical Professional Counselor (LCPC) in the State of Illinois. The program also meets the academic requirements for national certification as a certified clinical mental health counselor (<https://www.nbcc.org/certification/ccmhc/>) (CCMHC) and to become a national certified counselor (<https://www.nbcc.org/certification/ncc/>) (NCC).

## Admission

Students are admitted only for the fall term at the Chicago campus. If you are interested in applying for a graduate assistantship, your application must be received by March 1.

Applicants must have a minimum grade point average of 3.0 on a 4.0 scale for the entirety of their undergraduate course work, a minimum of 120 credit hours at the undergraduate level and a personal statement outlining goals and aspirations. Interviews are by invitation only and are required prior to admission.

Decisions will be based on prior academic performance, current academic performance, the personal statement, and your an evaluation of professional dispositions at the interview.

## Requirements

Students working toward the MA in Clinical Mental Health Counseling must complete 61 credit hours of graduate study. To qualify for Roosevelt University's recommendation for the Licensed Professional Counselor, all state and program requirements in effect at the time of application must be met, including all clinical experience requirements and passing scores on the Counseling Preparation Comprehensive Exam and The National Counselor Exam. Note: The Counseling Preparation Comprehensive Exam must be passed in order to successfully complete the program.

All graduate students must maintain a 3.0 GPA in their graduate courses, and no grade below C is acceptable for certification or the MA degree. Only two grades of C are allowed toward the MA degree.

At the time of admission, faculty advisors review transcripts and evaluate all course work completed at other colleges or universities. Advising plans are developed, and any needs, deficiencies, or electives are noted. Each student must confer with their assigned advisor before enrolling in the program and during each advising period to ensure that all requirements are being successfully completed.

Students in the traditional CMHC program are required to complete the following courses:

Code	Title	Credit Hours
<b>Core Courses</b>		
CHS 401	PROFESSIONAL ORIENTATION AND ETHICAL PRACTICE IN COUNSELING	3
CHS 406	STATISTICS & RESEARCH METHODS IN COUNSELING	3
CHS 411	SOCIAL & CULTURAL FOUNDATIONS	3
CHS 413	FOUNDATIONS OF COUNSELING THEORY AND PRACTICE	3
CHS 416	HUMAN APPRAISAL	3
CHS 417	CAREER AND LIFE-STYLE PLANNING	3
CHS 421	THEORIES OF GROUP DYNAMICS AND COUNSELING (The group lab must be taken concurrently with this course)	4
CHS 457	TOPICS/ISSUES IN HUMAN DEVELOPMENT	3
<b>Specialization Courses</b>		
CHS 419	PSYCHOPATHOLOGY: DIAGNOSIS & TREATMENT PLANNING	3
CHS 420	MARRIAGE AND FAMILY COUNSELING	3
CHS 422	TOPICS IN SUBSTANCE ABUSE AND ADDICTIVE DISORDERS	3
CHS 431	CLINICAL MENTAL HEALTH COUNSEL	3
CHS 464	CHILD & ADOLESCENT COUNSELING	3
<b>Electives - 6.0 credits of courses approved by advisor</b>		<b>6</b>
<b>Clinical Experiences Courses</b>		
CHS 460	PRE-PRACTICUM I: BASIC COUNSELING SKILLS AND TECHNIQUES	3
CHS 462	PRE-PRACTICUM II: ADVANCED COUSELING SKILLS AND TECHNIQUES	3
CHS 463	COUNSELING PRACTICUM	3
CHS 599	INTERNSHIP:CLINICAL MENTAL HEALTH (Completed across Fall and Spring semesters in final year)	6
<b>Total Credit Hours</b>		<b>61</b>

Clinical experiences and one elective are required of all Clinical Mental Health students. Applications for practicum and internship sites must be submitted one year in advance of placement and are submitted to the field placement coordinator.

Electives should be determined in consultation with a faculty advisor. Procedures for Student Performance Reviews, available within the student handbook, will be followed if students are rejected for clinical placement due to concerns about academic or interview performance.

Your degree map is a general guide suggesting courses to complete each term on the academic pathway to your degree. It is based on the

most current scheduling information from your academic program. Your program's degree map is reviewed annually and updated as schedules change (although you retain the same course requirements as long as you are continuously enrolled in your degree program).

Always work closely with your academic advisor to understand curriculum requirements and scheduling, as each student's academic plan can look slightly different. Please note that this degree map is based upon full time enrollment.

#### Year 1

Fall	Credit Spring Hours	Credit Summer Hours	Credit Hours
CHS 401	3 CHS 406	3 CHS 425 (This is an elective course.)	3
CHS 413	3 CHS 411	3 CHS 457	3
CHS 460	3 CHS 422	3	
	<b>9</b>	<b>9</b>	<b>6</b>

#### Year 2

Fall	Credit Spring Hours	Credit Summer Hours	Credit Hours
CHS 419	3 CHS 416	3 CHS 425 (This is your 2nd elective course.)	3
CHS 421 (You will enroll in a group lab along with this course.)	4 CHS 420	3 CHS 463	3
CHS 464	3 CHS 462	3	
	<b>10</b>	<b>9</b>	<b>6</b>

#### Year 3

Fall	Credit Spring Hours	Credit Hours
CHS 417	3 CHS 431	3
CHS 599	3 CHS 599	3
	<b>6</b>	<b>6</b>

**Total Credit Hours 61**