# CLINICAL PSYCHOLOGY, DOCTOR OF PSYCHOLOGY (PSYD)

Based on a practitioner-scholar model, the overall goal of the PsyD Program at Roosevelt University is to train clinical psychologists who can diagnose and treat psychological problems. We expect that:

- graduates demonstrate the requisite general knowledge and skills of intervention and assessment necessary for the ethical and competent practice of psychology,
- 2. students address psychological problems and disorders using critical inquiry, and
- 3. students engage in productive and professional relationships with others.

To reach these goals, we use the American Psychological Association's profession-wide competency model for health service psychology described in the Standards of Accreditation (https://www.apa.org/ed/accreditation/about/policies/standards-of-accreditation.pdf). Consistent with this model, students are required to take a mix of basic and applied psychology courses that facilitate knowledge and skill development in the following areas:

I. Research. Students engage in research and scholarship that contributes to the scientific, psychological, or professional knowledge base; conduct, critically evaluate, and disseminate this research and scholarship results.

II. Ethical and Legal Standards. Students are knowledgeable regarding the APA ethical principles, ethical codes of conduct, laws, policies, and guidelines for professional practice. Students behave ethically at all times in academic, research, clinical, and community settings.

III. Individual and Cultural Diversity. Students reflect on how their own identities and personal background impact their worldview and interact with others. Students also develop knowledge around culturally competent and culturally fair services with diverse individuals and groups. Awareness and knowledge around individual and cultural diversity are integrated into all aspects of their academic, research, and clinical work.

IV. Professional Values and Attitudes. In all research, academic, and clinical roles, students seek to comport themselves to reflect the values and attitudes of the field of psychology.

V. Community and Interpersonal Skills. Students engage in productive and effective interpersonal relationships with others, including peers, colleagues, supervisors, faculty, and those receiving their professional services. They engage in effective interpersonal, verbal, nonverbal, and written communication throughout their academic and clinical work.

VI. Assessment. Students develop extensive knowledge around the science of measurement and psychometrics of psychological assessment tools and select and use psychological assessment tools effectively with those receiving psychological services. Students interpret and effectively communicate the results of psychological assessment accurately and sensitively. VII. Intervention. Students develop effective and productive relationships with those receiving psychological services. An important focus is implementing evidence-based practice, or practice informed by empirical literature, knowledge of clinical theory and models, and the service recipient's own preferences, needs, life circumstances, and cultural backgrounds. Also, as consistent with evidence-based practice models, students use assessment to monitor progress in therapy and guide treatment planning and clinical decision-making.

VIII. Supervision. Students become knowledgeable about supervision models and practices.

IX. Consultation and Interprofessional/Interdisciplinary skills. Students develop knowledge regarding other professions' roles and consultation practices to facilitate effective interdisciplinary care that will benefit the recipients of psychological services.

In addition, interested and qualified students, after completing a master's degree, may teach undergraduate psychology courses with the guidance of the Instructor Development course. Our university home also allows students to enhance their psychological training with relevant experiences from other disciplines.

### Admission

Candidates for admission to the PsyD program must have either a bachelor's or a master's degree in psychology or a closely related field and must have completed the following courses with at least a 3.0 (B) grade-point average: General Psychology, either a Statistics or Research Methods course, and Abnormal Psychology. Deficiencies in prerequisite courses may be completed at Roosevelt University but will not count toward the PsyD degree. Students entering with a bachelor's degree may earn a non-terminal master's degree during their progress through the doctoral program.

Applicants must submit:

- Online PsyD application form
- · Official transcripts of all undergraduate and graduate coursework
- Three letters of recommendation from academic and/or professional references
  - References should be psychologists, professors, or other related professionals who can provide information regarding academic, clinical, research, and/or interpersonal skills
- A personal statement that demonstrates a clear well-articulated understanding of the following:
  - Expectations and responsibilities of graduate training in clinical psychology
  - Strong career motivation
  - · Well-formulated career plans
  - · Evidence of goodness-of-fit with RU's PsyD program
- A curriculum vitae (CV)
  - Details relevant educational/academic, professional, research, and clinical experiences
- \$40 application fee

Selected applicants are then invited to an interview and the interview is required to be considered for admission.

Roosevelt considers each applicant on an individual basis and seeks diversity in ethnic and cultural background, education and life experience,

and sexual orientation. Although GPA cutoffs are not strictly adhered to, a GPA of at least 3.5 for undergraduate work is typical.

Applications can be requested online here (https://www.roosevelt.edu/ apply/).

### **Standards**

PsyD students must maintain a 3.25 cumulative grade-point average. Students who earn a C in a course must retake the course. Students who earn a C for either semester of practicum must repeat the entire year-long practicum sequence. Students who earn a D or F or a second C in any course will be dismissed from the program. Additionally, students who do not adhere to the expectations or guidelines laid out in the Program Manual can also be reviewed for remediation or dismissal. PsyD students may also be dismissed from the program for lack of progress on the doctoral project if they do not meet a deadline decided by their doctoral project chair and the PsyD Program Director.

## Advising

Upon admission to the PsyD program, students meet with the Director of the PsyD Program to develop a program completion plan covering all courses required for the doctoral degree, clinical training experiences, the comprehensive exam, and the doctoral project.

### Requirements

All students must complete a minimum of 96 credit hours of graduate study plus 3 credit hours of internship credit for a total of 99 credit hours. In addition to listed coursework, students must pass the comprehensive examination, complete an introductory practicum and at least two doctoral practica (supervised clinical training in the community), a predoctoral internship, and a doctoral project.

The standard course load for a full-time student in the PsyD program is 12 credit hours each fall and spring semester. No required courses are offered in the summer semester, but students are able to complete electives, prepare for practicum, and work on doctoral projects during this time. Students must complete at least 30 credit hours of work in a 24month period. For at least one of those two years, the student must be at Roosevelt on a full-time basis. Thus, students must complete at least two consecutive semesters of full-time study before becoming eligible for the doctoral degree.

The PsyD program may accept credit for substantially equivalent graduate-level coursework completed at approved universities or schools of professional psychology. A maximum of 36 credit hours may be waived with the approval of the PsyD Program Director for those entering with a master's degree and 27 credit hours for those entering with a bachelor's degree. Credit is granted only for courses in which the grade obtained was a B or higher and only if the courses were taken within seven years prior to the beginning of the student's doctoral program. Students will meet with the PsyD Program Director to identify which required courses will be waived based on their previous graduate work. This will include a review of official transcripts and any relevant syllabi. The doctoral project, internship, and at least twelve credit hours of practicum must be completed in-residence at Roosevelt University.

Courses taken in the PsyD program more than seven years before the semester in which the graduate degree is to be granted may not be counted toward the degree. There is a maximum limit of 10 years to complete all components of the program, including the pre-doctoral internship and the doctoral project. Students' progress will be evaluated at the seven-year point; if progress has not been adequate, students may be dismissed from the program. Students who have not completed the program by 10 years will be reviewed for dismissal.

Students must earn a minimum grade of B- or better in all courses in order for that course to count towards degree requirements and must earn a minimum 3.25 cumulative grade point average in order to remain a student in good standing in the program.

-		
Code	Title	Credit Hours
Clinical Requirem	ents	
PSYC 516A	PSYCHOPATHOLOGY I	3
PSYC 516B	PSYCHOPATHOLOGY II	3
PSYC 520	BASIC CLINICAL SKILLS	3
PSYC 620	INTELLECTUAL ASSESSMENT	3
PSYC 625	PERSONALITY ASSESSMENT	3
PSYC 641A	COGNITIVE BEHAVIORAL THERAPY I	3
PSYC 641B	COGNITIVE BEHAVIORAL THERAPY II	3
PSYC 642A	PSYCHODYNAMIC THEORY I	3
PSYC 642B	PSYCHODYNAMIC THEORY II	3
PSYC 644	MULTICULTURAL PSYCHOLOGY	3
PSYC 698A	MA CLINICAL PRACTICUM	3
PSYC 698B	MA CLINICAL PRACTICUM	3
PSYC 735	CLINICAL SUPERVISION & CONSULTATION	3
Clinical Practicun	n (12 hours/4 semesters minimum)	12
PSYC 791A	DOCTORAL CLINICAL PRACTICUM 1	
& PSYC 791B	and DOCTORAL CLINICAL PRACTICUM 1	
PSYC 792A	DOCTORAL CLINICAL PRACTICUM 2	
& PSYC 792B	and DOCTORAL CLINICAL PRACTICUM 2	
PSYC 799	CLINICAL INTERNSHIP (taken twice)	3
Non-Clinical Requ	uirements	
PSYC 500	ADVANCED STATISTICS	3
PSYC 530	ADVANCED RESEARCH METHODS	3
PSYC 631	SYSTEMS OF PSYCHOTHERAPY	3
PSYC 633	SOCIAL PSYCHOLOGY & GROUP DYNAMICS	3
PSYC 634	COMMUNITY PSYCHOLOGY & SOCIAL JUSTICE	3
PSYC 635	PROFESSIONAL, LEGAL, & ETHICAL ISSUES	3
PSYC 636	HUMAN DEVELOPMENT	3
PSYC 710	BIOPSYCHOLOGY	3
PSYC 712	PSYCHOPHARMACOLOGY	3
PSYC 716	COGNITIVE, AFFECTIVE, & LEARNED	3
	BASE OF BEHAVIOR	
PSYC 789	DOCTORAL PROJECT SEMINAR	3
PSYC 789Y	DOCTORAL PROJECT SEM. CONT. (Mandatory continuation of 789) <sup>1</sup>	0
PSYC 790	DOCTORAL PROJECT	3
PSYC 790Y	DOCTORAL PROJECT CONTINUATION (Mandatory continuation of 790) <sup>2</sup>	0
Electives		

#### Electives

Select three of the following:

Total Credit Hour	s	99
PSYC 741	CHILD PSYCHOPATHOLOGY	
PSYC 740	ADVANCED PSYCHOTHERAPY SEMINAR	
PSYC 720	NEUROPSYCHOLOGICAL ASSESSMENT	
PSYC 719	CLINICAL NEUROPSYCHOLOGY	
PSYC 681	INSTRUCTOR DEVELOPMENT PROGRAM	
PSYC 669	INSTRUCTIONAL DESIGN/TRAINING	
PSYC 668	ORGANIZATIONAL ASSESSMENT/ DEVELOPMENT	
PSYC 664	JOB ANALYSIS & PERFORMANCE MANAGEMENT	
PSYC 662	CONFLICT RESOLUTION IN ORGANIZATIONS	
PSYC 660	EMPLOYMENT TESTING	
PSYC 655	COUPLES AND FAMILY THERAPY	
PSYC 654	CHILDHOOD & ADOLESCENT THERAPY	
PSYC 650	GROUP PSYCHOTHERAPY	
PSYC 515	CHEMICAL DEPENDENCE	
PSYC 407	INTERMEDIATE STATISTICS	

<sup>1</sup> Students must complete 789Y Doctoral Project Seminar Continuation before they can receive a grade for 789 Doctoral Project Seminar

<sup>2</sup> In order to maintain active status while completing the doctoral project, students must continue to register for PSYC 790Y for every fall and spring semester until final dissertation defense is completed.

#### **Clinical Practicum**

Applied clinical experience, which includes practica and the pre-doctoral internship, is a cornerstone of the PsyD program. Students entering with a bachelor's degree complete an introductory practicum prior to beginning their doctoral practica. Students may begin their introductory practicum after they have completed eight courses (24 credit hours). These courses must include two semesters of Psychopathology, Basic Clinical Skills, either two semesters of Cognitive Behavioral Therapies or Psychodynamic Therapies, and Intellectual Assessment or Personality Assessment. Students register for and attend the MA Practicum Seminar (for six credit hours) during their introductory practicum.

Following completion of the introductory practicum, students must complete at least two doctoral practica. Students typically spend 16 to 25 hours per week at their clinical training site and attend a weekly doctoral practicum seminar during their practice. Each practicum seminar is 3 credit hours per semester and continues for two semesters. Practicum site placements are for 9 to 12 months. The focus of training depends on the individual student's needs, interests, and experience.

Students who enter the program with a master's degree may be able to receive credit for a previous completed master's practicum. If a clinical practicum was completed as part of the master's degree, the practicum might transfer in as the introductory practicum (upon review by the PsyD Program Director and the Director of Clinical Training), leaving only two doctoral practica to be completed. Students who earned practicum credit as part of a doctoral program may transfer up to two semesters of clinical practicum upon review by the PsyD director and the clinical training director. Additional practicum credit may be transferred as elective credit at the discretion of the PsyD Program Director. A final practicum evaluation or letter from the licensed practicum supervisor documenting

that the student has achieved the appropriate level of clinical skill should accompany any transfer of practicum credit request. No undergraduate practicum credit is accepted.

The *PsyD Student Manual* and the *Clinical Training Manual* have more details on requirements for practica and internship. Note that because the selection process for practicum placements begins early, students should begin preparing for an introductory or doctoral practicum a year before their anticipated start. All relevant materials are available to current students and can be accessed at the PsyD program's organization page within Roosevelt's Blackboard website.

#### **Comprehensive Examination**

The comprehensive examination provides an opportunity for students to review and integrate their knowledge of the theory, research, and practice of clinical psychology. The examination is taken after students have completed at least 72 credit hours of coursework, including PSYC 791A DOCTORAL CLINICAL PRACTICUM 1 and PSYC 791B DOCTORAL CLINICAL PRACTICUM 1 (one complete doctoral practicum). Students must indicate their intention to take the comprehensive examination at the beginning of the spring semester of the year in which they plan to take the examination. If a student decides to change the date on which he or she intends to take the examination, the PsyD Program Director must be notified no later than one month prior to the examination date. If a student notifies a change after one month or does not appear on the examination, he or she may only retake it once. If the student cannot pass it the second time, the student will be dismissed from the program.

### **Pre-Doctoral Internship**

All students must complete a 1-year, full-time pre-doctoral internship approved by the Director of Clinical Training. To be eligible to begin a pre-doctoral internship, students must have successfully completed all coursework and practica, passed the comprehensive examination prior to application submission, and defended their doctoral project proposal by May 15th in the year prior to applying for internship.

Students are expected to seek internships accredited by the American Psychological Association (APA) accredited internship training. Obtaining an internship is a competitive national process involving an electronic matching system. Students are expected to conduct a national search and need to look outside of large metropolitan areas to increase the likelihood of obtaining an internship. The Director of Clinical Training will provide guidance throughout this process.

Students register for a total of 3 credit hours for their internship experience, divided into 1.5 credit hours in the Fall semester and 1.5 credit hours in the Spring semester. Students are considered full-time during their internship experience.

#### Scholarship

The scholarship component of the program's practitioner-scholar model is addressed by several components, including required coursework, the comprehensive examination, and the doctoral project. Students may further their scholarship skills by participating in faculty-led or independent research (which often involves posters, presentations, and publications). Students who have completed the requirements for the master's degree are eligible to teach undergraduate courses in psychology once they have taken the Instructor Development Seminar (or if they are taking it concurrently with their first teaching experience). Students are paid for their teaching and may have multiple teaching opportunities.

#### **Doctoral Project**

Students develop and enhance scholarly skills pertinent to the practice of clinical psychology by completing a doctoral project. In the doctoral project, students demonstrate their ability to assess and integrate the research literature on the management and conceptualization of clinical issues. There are five types of projects: a traditional empirical study, an extended case study, a literature review on a selected topic, applied treatment and program evaluation research, and program proposals. PSYC 530 ADVANCED RESEARCH METHODS and PSYC 789 DOCTORAL PROJECT SEMINAR / PSYC 789Y DOCTORAL PROJECT SEM. CONT. help prepare students for the doctoral project. Students may begin informal work on their doctoral project at any time and are expected to begin such work by the end of their second year in the program, at the latest. At the end of the doctoral project seminar, students will have completed their first formal doctoral project proposal draft and selected at least two faculty members (a chair and 1-2 readers) who agree to constitute their doctoral project committee.

The doctoral project is to be conducted under the guidance of this doctoral committee, which determines when the project is acceptable and conducts the final oral defense of the project. At least two committee members, including the committee chair, must be full-time faculty within the Clinical Psychology program or have received prior approval from the department. All approved faculty for doctoral projects are listed on the Blackboard organization site for the program. A third member may be an external psychologist or researcher the student is affiliated with. See the current *PsyD Doctoral Project Manual* for details on the doctoral project.

As noted above, students must have successfully defended their doctoral project proposal by May 15th to be eligible to apply for an internship. If May 15th falls on a weekend, the proposal defense must occur by the Friday before. Students who do not meet this deadline will not be allowed to apply for internship the following year.

#### **Student Evaluations**

The PsyD program at Roosevelt University is accountable to the profession and the public for developing the professional standards of its future practitioners. Thus the successful completion of the program entails the development of academic knowledge and skills, professional skills, and interpersonal competencies necessary to function as an effective and ethical practitioner. Professional and interpersonal competencies include, but are not limited to, the ability to cultivate and maintain productive and respectful relationships across academic and clinical settings; the ability to respond productively to feedback and change problematic behavior that interferes or has the potential to interfere with one's ability to function as a student and trainee; the ability to communicate effectively with instructors, supervisors, clients, students, and peers; and the ability to act ethically following cultural and professional standards.

The faculty provides feedback on students' academic and professional development throughout the program. Students will be formally evaluated each year; students may be evaluated more frequently when concerns arise. Students are evaluated via a collaborative process that involves faculty and clinical training supervisors. Failure to meet the above standards may result in specific remediation requirements or dismissal from the program. Failure of a practicum or internship is also grounds for dismissal from the program. Please refer to the *PsyD Program Manual* for additional information.

#### Practice of Psychology by Graduate Students

PsyD students who render psychological services (other than practicumrelated services) must report their activities to the director of the PsyD Program. If this activity is not within the student's competence and under professional supervision, the student will be asked to desist as determined by the PsyD Program Director. Additionally, students should ensure they follow all APA's expectations and the APA Ethics Code for comportment and behavioral requirements for PsyD students. Failure to comply may be grounds for immediate termination from the psychology doctoral program.

#### **APA Accreditation Information**

Roosevelt University's PsyD Program in Clinical Psychology is accredited by the American Psychological Association. The Commission on Accreditation of the APA can be reached at:

Office of Program Consultation and Accreditation American Psychological Association 750 1st Street NE, Washington, DC 20002-4242 Phone: (202) 336-5979 / E-mail: apaaccred@apa.org Web: www.apa.org/ed/accreditation (http://www.apa.org/ed/ accreditation/)

The degree map is a general guide suggesting courses to complete each term on the academic pathway to your degree. It is based on the most current scheduling information from the PsyD program. The degree map is reviewed annually and updated as schedules change (although you retain the same course requirements as long as you are continuously enrolled in your degree program). Always work closely with the PsyD Program Director to understand curriculum requirements and scheduling, as each student's academic plan can look slightly different but there are certain course requirements prior to completing practica and additional requirements prior to taking the comprehensive exam.

Students must earn a minimum grade of B- in all courses in order for that course to count towards degree requirements and must earn a minimum 3.25 cumulative grade point average in order to remain a student in good standing in the program.

Year 1 Fall **Credit Spring** Credit Hours Hours PSYC 516A 3 PSYC 516B 3 3 **PSYC 520** 3 PSYC 631 **PSYC 635** 3 PSYC 641B 3 PSYC 641A 3 PSYC 644 3 12 12 Year 2 Credit Summer Credit Fall **Credit Spring** Hours Hours Hours **PSYC 530** 3 PSYC 625 3 PSYC 789Y 0 PSYC 642A 3 PSYC 642B 3 PSYC 620 3 PSYC 789 3 PSYC 698A 3 PSYC 698B 3 12 12 n Year 3 Fall **Credit Spring** Credit Hours Hours **PSYC 636** 3 PSYC 500 3

DOV/0 71.0			
PSYC 710	3 PSYC 633	3	
Elective	3 Elective	3	
PSYC 791A	3 PSYC 791B	3	
	12	12	
Year 4			
Fall	Credit Spring Hours	Credit Hours	
PSYC 716	3 PSYC 634	3	
PSYC 735	3 PSYC 712	3	
Elective	3 PSYC 790	3	
PSYC 792A	3 PSYC 792B	3	
	12	12	
Year 5			
Fall	Credit Spring Hours	Credit Summer Hours	Credit Hours
PSYC 799	1.5 PSYC 799	1.5 PSYC 799Y	0
PSYC 790Y	0 PSYC 790Y	0	
	1.5	1.5	0

**Total Credit Hours 99**