

# PSYCHOLOGY (PSYC)

## PSYC 103 - INTRODUCTORY PSYCHOLOGY

Introduction to the major conceptual schools, theoretical approaches, research methodologies, and applied domains of contemporary psychology with an equal emphasis on scientific traditions of experimental psychology and the varied domains of applied psychological practice, such as counseling, clinical, forensic, and behavioral health.

Credits: 3

Attributes: Social Science

## PSYC 106 - FORENSIC SCIENCE

The application of scientific techniques to: crime scene assessment, documentation, and reconstruction; identification and assessment of criminal perpetrators; and evaluations of witnesses' accuracy and truthfulness.

Credits: 3

Attributes: Social Science

## PSYC 108 - HUMAN SEXUALITY

Sexuality from youth to old age, including the development of gender identity, sexual orientation, and sex roles. Review of the physiology and psychology of sexual arousal, adult sexual behavior in its many manifestations, and a brief introduction to sexual dysfunction.

Credits: 3

Attributes: Social Science, Women Gender Studies

## PSYC 200 - INTRODUCTORY STATISTICS

Quantitative methods for interpreting results of psychological research. Averages; variability concepts; correlation; reliability of basic statistical concepts, especially in relation to sampling problems. This course is a prerequisite to Psyc 270 and 307 and may not be taken concurrently with either.

Credits: 3

Attributes: Social Science

Course Notes: Basic knowledge of algebra required

## PSYC 201 - ABNORMAL PSYCHOLOGY

Development, symptoms, and patterns of maladaptive behavior; introduction to disorders such as anxiety, depression, schizophrenia, and others.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

## PSYC 203 - STRESS, COPING, & MINDFULNESS

Self-help course with student participation and homework. Causes and costs of stress. Review of relaxation, meditation, and active coping techniques from the perspective of mindfulness meditation. Relaxation/mindfulness exercises include: progressive muscle relaxation, autogenic training, breathing exercises, yoga stretching, imagery. mindfulness meditation, and making personal relaxation tapes. Active coping includes: problem solving, stressful negative thinking, time management and procrastination, making and building relationships, assertiveness, and managing anger and aggression. Creating your own relaxation and mindfulness program. Not a substitute for psychotherapy or counseling; not a training course for health professionals.

Credits: 3

Attributes: Social Science

Course Notes: Credit only for "Coping with Stress or "Stress, Coping Mindfulness." Credit only for PSYC 203 or PSYC 204.

## PSYC 205 - DRUGS AND HUMAN BEHAVIOR

Contemporary drug use in our society from behavioral, biological, and social perspectives; review of prevention and treatment approaches.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

## PSYC 211 - PSYCHOLOGY STUDY OF RACISM

The purpose of this course is to familiarize the student with the field of psychology's study of racism and prejudice; and engage the student an experiential investigation of racism and prejudice via group discussions, viewing of films on the topics, and additional readings as assigned.

Credits: 3

Attributes: Non-western Culture, Social Science

Prerequisites: ENG 101

## PSYC 215 - LEARNING & DEVELOPMENTAL DISABILITIES

Review of disorders such as autism, attention deficit/hyperactivity disorder, learning disabilities, and intellectual disabilities. Discussion of implications for home and school settings.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

Course Notes: Course will count for Child and Family elective.

## PSYC 220 - SOCIAL PSYCHOLOGY

Processes of human interaction. Social influences of family, membership groups, mass media, socioeconomic class. Selected forms of social reaction patterns; attitudes, language, crowd behavior, and common prejudices.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

## PSYC 243 - THEORIES OF PERSONALITY

Organized nature of personality from psychodynamic, humanistic/existential, behavioral, and cognitive points of view; biological and cultural determinants of personality; overview of personality research.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

## PSYC 254 - CHILDHOOD AND ADOLESCENCE

Psychological development of the child, prenatal to young adulthood. Theory and research of emotional, social, and mental growth. Self-concept from early childhood origins to late adolescence identity formation.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

Course Notes: Course will count as elective for concentration in Child and Family Studies.

## PSYC 270 - PSYCHOLOGICAL TESTS

Introduction to measurement theory and the statistical principles underlying the objective assessment of intelligence, personality traits, abilities, and attitudes; standardization, reliability, and validity; limitations and abuses of test scores in evaluation; review of commonly used psychological tests.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

**PSYC 282 - CAREERS IN PSYCHOLOGY**

This class will give students the opportunity to explore different careers related to the study of psychology. They learn about jobs available with a bachelor's degree as well as jobs available with a graduate degree. They will complete reflective assignments and activities that will prepare them for the job search process.

Credits: 1

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Students must complete 9 semester hours in PSYC before taking this class.

**PSYC 285 - RESEARCH METHODS**

Introduction to the scientific methods used in psychological research, including measurement, descriptive studies and the case study method, correlational and experimental methods; technical report writing; development of critical thinking skills in appreciating published research.

Credits: 3

Attributes: Social Science

Prerequisites: PSYC 103

**PSYC 285R - GROUP DYNAMICS**

This course provides an overview of the theories, research, and self-understanding of group processes and intergroup relations, with an emphasis on the communication behavior of individuals within group structures. A broad range of topics will be explored including the stages of group development, decision-making techniques, group problems, resolution skills, conformity, ethics, and various approaches to intergroup biases and prejudice. This course will provide an in-depth look at group work with an emphasis on practical knowledge and techniques for effective group involvement and leadership. (Prerequisite: PSY 205 or Sophomore standing)

Credits: 3

Prerequisites: PSY 205

**PSYC 300R - PROF SEMINAR**

This course prepares students for effective practice by providing a framework for integration of critical thinking skills into the professional practice standards. An emphasis will be placed on the development of writing and communication skills that will contribute to the successful preparation of career options for psychology majors, preparation for various post-Bachelor's career options and preparation techniques for graduate-level (Master's and higher) education. It will provide students with a broad and comprehensive understanding of important issues in contemporary psychology careers.

Credits: 3

Prerequisites: PSY 120

**PSYC 310R - CULTURE COMMUN**

CULTURE COMMUN

Credits: 3

Prerequisites: PSY 120

**PSYC 316 - LEARNING**

Research and theory on the acquisition, retention, and loss of acquired responses; memory and information processing.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 319 - CHILD & ADOLESCENT PSYCHOPATHOLOGY**

Major forms of abnormal behavior in childhood and adolescence.

These include disorders of behavior (e.g., attention-deficit hyperactivity disorder, oppositional defiant disorder), disorders of emotion (e.g., anxiety and depression), developmental and learning problems (e.g., autism, learning disabilities), and problems related to physical and environmental challenges (e.g., anorexia, child abuse and neglect). You will learn about the defining characteristics, associated features, possible causes, research evidence, and current approaches to intervention and prevention.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 319R - INDEPEND STUDY**

Independent Study allows a student to explore a topic or area of interest. The student will propose a topic for tutorial study under the guidance of a supervising faculty member.

Credits: 3

**PSYC 325 - SENSATION AND PERCEPTION**

This course covers visual, auditory, tactile, gustatory and olfactory sensation and perception. Students will learn about research and theory in the areas of object perception, motion perception, color perception, depth perception, pitch perception, sound localization. Prerequisite: three psychology courses required.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

**PSYC 326 - COGNITIVE PROCESSES**

Theory and research on cognitive processes and their interrelationships with other psychological functions, especially learning.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 333 - THE PSYCHOLOGY OF VIOLENCE**

Violence among humans takes many forms, and has many causes. This course takes a primarily psychosocial perspective of the precursors and motives of multiple forms of human violence, as well as their impact on survivors. Students will learn about explanations for violence based on multiple psychological subfields, such as biological, personality, developmental, and social psychology. Theories will be clearly applied to multiple categories of violent acts.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Course includes details of many disturbing crimes and violent incidents. You will read about and openly discuss cases involving infanticide, sexual assaults, murder, racially motivated hate crimes, and genocide, among others. If this notion causes you abnormal discomfort, please consider taking an alternative course.

**PSYC 336 - BRAIN AND BEHAVIOR**

Complex behaviors are possible because of the brain. Our goal is to understand this complex organ and how it functions to allow for human behavior. Fundamental neural systems (such as sleep and motivation), higher cortical functioning (such as language and attention), and brain plasticity will be covered.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology required; credit only for Brain and Behavior or Biopsychology II.

**PSYC 339 - ADULT DEVELOPMENT**

Development from post-adolescence through middle age. Biological, psychological, and cultural aspects; new life styles of young adults; changing work world; options for women and men at middle age.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 341 - OLDER ADULTHOOD AND AGING**

Psychological dynamics from post-middle age until death. Research and theory of such experiences as retirement, physical disabilities, loss of loved ones, constriction of options, institutionalization, and confrontation of death. Nature, not treatment, of emotional disorders.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 Psychology courses required.

**PSYC 343 - MOTIVATION**

This course addresses why people are motivated to do the things they do, why individuals respond differently to various stimuli, crises or opportunities and how they can change through self regulation. Motivation will be reviewed from biological, learned and cognitive perspectives. The impact of emotions, beliefs, environment, and physiology on motivation and individual behavioral responses will be explored from an applied perspective assisting students to be better equipped to direct and assist others in making choices and developing strategies that can aid in achieving success and a sense of accomplishment in their work and personal lives.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 psychology courses required.

**PSYC 344 - INDUSTRIAL/ORGANIZATIONAL PSYCHOLOGY**

Psychological principles and theories of organizations. Influence of organizational structure and management practices on individual and group work behavior; social interaction and conflict; spillover of these effects into nonwork environments.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 345 - PSYCHOLOGY OF GENDER**

This course will focus on the biological and sociocultural factors underlying the use of gender categories and development of gender roles. We will analyze how gender stereotypes are used by individuals, discuss how gender influences our expectations and behaviors, and consider how social institutions reinforce our ideas of gender.

Credits: 3

Attributes: Social Science, Women Gender Studies

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Three Psychology courses required. Credit only for "Psychology of Women or "Psychology of Gender.

**PSYC 347 - HEALTH PSYCHOLOGY**

Relationship between psychology, health, stress, and illness. Influence of affective, cognitive, and social factors on risk, severity, and recovery from illness; impact of illness on psychological status; influence of psychological factors on health maintenance behaviors; psychological interventions; and the role of the psychologist in the health care team.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 350 - HUMAN NEUROPSYCHOLOGY**

Intriguing and puzzling phenomena that follow disorders of the brain challenge us to understand how the brain is organized to allow for complex cognitive abilities specific to humans. This course will introduce several neurological disorders and use them to understand cognitive systems such as attention, language, and memory.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Course requires 20 hours of experiential service learning.

**PSYC 350R - PSYCH SOC JUSTICE**

This course will explore the influence of social issues and the risk as it relates to human behavior. Topics include: (a) diversity issues-race, ethnicity, socioeconomic status, gender, sexual orientation; (b) human rights issues-bullying, global politics and social media; and (c) justice issues-decision-making, regulation and public policy, and criminal justice with a focus on juvenile delinquents and the incarcerated mentally ill.

Credits: 3

**PSYC 350RM - SYSTEMS OF PSYCH**

This capstone course seeks to integrate and broadly conceptualize material presented previously in other psychology courses. It is designed to provide students an opportunity to reflect upon the field as a whole, specifically to understand the history of the profession and evolution of ideas over time. The course will review areas that currently define the study of psychology, explore older ideas that are no longer current, those ideas that are still relevant, and areas that are likely to be important in the future. Specific topics include the early influence of philosophy and physiology in the development of psychology, major early systems, major historical figures, and the evolution of the scientific method.

(Prerequisites: HUM 130 and PSY 340)

Credits: 3

Prerequisites: PSY 340 and HUM 130

**PSYC 351 - LAW AND PSYCHOLOGY**

The role of psychology in the U.S. criminal justice system and process. Focuses on the human elements of the justice system: including in the evolution of legal standards; how law writers, enforcers, and interpreters make decisions given personal differences and societal pressures; and how such things affect how citizens perceive the criminal justice system and, in turn, behave. Addresses empirically based criminal justice reform proposals in light of legal and societal challenges.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: three psychology courses required.

**PSYC 360 - EYEWITNESS MEMORY & TESTIMONY**

Eyewitnesses play a crucial role in our legal system. The purpose of the course is to introduce you to a broad range of topics that are investigated by eyewitness memory experts and to help you gain a basic familiarity with some of the fundamental concepts, principles, theories, and legal applications of eyewitness testimony. Students will learn about the major theoretical perspectives of human memory; research methods used to evaluate the reliability of eyewitnesses; how certain factors affect the reliability of an eyewitness' identification; and to think critically about preventing mistaken identifications. (Prerequisite: three psychology courses required.)

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Three psychology courses required. Credit given for either the new class, Eyewitness Memory Testimony" OR course under previous name, "Eyewitness Testimony.

**PSYC 360R - DEATH AND DYING**

This course will provide students with an understanding of the death and dying process. Topics include: cultural and historical differences in concepts of death, dying, grief and bereavement; individual differences related to preparation, adjustment, and coping; hospice and palliative care; euthanasia, legal and ethical issues; healthcare and mental health interventions; funeral rituals; suicide; and war. (Prerequisite: PSY 225)

Credits: 3

Prerequisites: PSY 120

**PSYC 366 - POVERTY & THE INDIVIDUAL**

This class will examine issues facing those living in poverty. We will look at poverty from both a micro and macro perspective, both locally and globally. We will investigate how institutions such as education, health, and the law operate with respect to those living in poverty. Furthermore, we will scrutinize the impact of poverty on mental health, physical health, and housing. (Prerequisite: three courses in psychology required).

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 9 SH in PSYC

**PSYC 368 - CHILD ABUSE/FAMILY VIOLENCE**

An introduction to the causes and effects of abuse on children, adolescents, and families. Students will learn: the scope of child abuse, its causes, and strategies that prevent and reduce its occurrence using a variety of approaches; how to apply critical thinking skills to evaluate information about child abuse; personal emotional responses to abuse; and to develop civic participation skills around course topics.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Three psychology courses required. Course elective for Concentrations in Child/Family Studies or Concentration in Forensic Psychology. Requires 20 hours of community service learning outside the classroom.

**PSYC 371 - LATINX CHILDREN AND FAMILIES**

Course focuses on key psychological constructs regarding the mental health and wellbeing of U.S. Latinx children and families, with a focus on understanding family functioning, the role of cultural values, migration, parenting, identity, and development, using a critical/decolonial/liberatory framework.

Credits: 3

Attributes: Hispanic Studies, Social Science

Prerequisites: WGS 110 or WGS 112 or 3 Credit Hours of Psychology

Course Notes: Students must take WGS 110 OR WGS 112 or one course in PSYC in order to take this class.

**PSYC 375 - COUNSELING AND CLINICAL INTERVENTIONS**

This class addresses basic clinical skills used by professionals in the helping professions. We will review relevant theory, research, and best practices that will help you learn how to (a) empathically listen to clients' concerns, (b) assess client's challenges, and (c) describe and implement a range of basic interventions to ameliorate clients' presenting problems. Specific clinical skills will be discussed, applied, and practiced throughout the semester at an appropriate level for undergraduates.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology required.

**PSYC 380R - COUNSELING**

This course will provide an overview of the major theories of counseling, the psychotherapy process and the skills required of a helping professional. Several major theories of counseling are examined with an emphasis on the key concepts of each theory, the central beliefs about therapeutic processes, and specific theoretical applications for change. Special attention will be devoted to reviewing the knowledge, attitudes, skills and cultural competence essential to fully understanding clients' problems, and effectively intervening with an emphasis on experiential learning and interviewing strategies. (Prerequisite: PSY 340)

Credits: 3

Prerequisites: PSY 340

**PSYC 381 - CHILDREN AND FAMILIES**

Review of theory and research regarding normal and abnormal child development, parenting, and couples/family functioning. This course features a skill building approach to learn effective family relationship techniques as well as the opportunity to apply these through community service.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Requires 20 hours of community service with children. Course will count as elective for concentration in Child Family Studies.

**PSYC 383 - SEMINAR:CONTROVERSIAL ISSUES**

Mental disorders as major social problems; concept of mental illness in popular understanding, psychiatry, and social sciences; cultural, social-psychological, and sociological theories of development of mental disorders; empirical studies of cultural variation and social variables in mental disorders; social aspects of patient career; social prevention of mental disorders.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

**PSYC 384 - SPECIAL TOPICS**

Advanced topical seminar in psychology. Past course topics have addressed the relationship between psychology and creative fields such as opera, movies, and literature. Psychological principles and theories will be applied to such areas of popular culture for greater understanding and awareness. Please click the red crn for a more detailed description of this course.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

**PSYC 385 - SEM:LAW AND PSYCHOLOGY**

Credits: 1-3

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 9SH in PSYC

**PSYC 387 - SEMINAR**

Advanced topical seminar in psychology. Past course topics have addressed the relationship between psychology and creative fields or have addressed psychological perspectives on social problems. Psychological principles and theories will be applied to such areas for greater understanding and awareness. Please click the red CRN for a more detailed description of this course.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: 3 courses in psychology.

**PSYC 391 - ADVANCED FORENSIC PSYCHOLOGY**

Advanced topical seminar in forensic psychology. This class may address issues such as the role of clinical psychologists in assessing and treating criminal and corrections populations and working with police and investigative agencies. Use of behavioral science information in both civil and criminal court proceedings. The psychological and psychiatric aspects of criminal behavior and violence; emphasis on antisocial syndromes and more recent neuropsychological research concerning violence.

Credits: 3

Attributes: Social Science

Course Notes: 3 Psychology courses required.

**PSYC 392 - CHILDREN, PSYCHOLOGY, & LAW**

Role of clinical and developmental psychologists and of behavioral science research at all levels of the juvenile court system. Abuse and neglect proceedings; family law courts; delinquency courts. Topics may include juvenile violence, substance abuse, therapeutic jurisprudence and restorative justice, effects of divorce, posttraumatic stress syndromes, child witness and child testimony research.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

**PSYC 393 - INTERNSHIP IN PSYCHOLOGY**

Students participate in a community internship for a total of 150 hours during the semester. Volunteer service must occur in an organized setting (e.g., social service agency, after school program). Students complete written assignments to connect site experiences with topics in psychology. Sites must be approved by the course instructor and course enrollment must be completed in advance of semester.

Credits: 3

Prerequisites: 12 Credit Hours of Psychology

**PSYC 395 - INDEPENDENT STUDY**

Advanced topics in psychology; applied or career-based topics; research under faculty supervision; or paraprofessional practicum. Recent topics have included applied psychology in nursing homes, behavior modification techniques of animal training, and psychology of Arab-Americans.

Credits: 1-4

Prerequisites: 9 Credit Hours of Psychology

**PSYC 398 - FIELD PLACEMENT WITH CHILDREN**

An independent study class. Students participate in a community service placement for a total of 72 hours during the semester. Volunteer service must occur in an organized setting, such as a day care center, after school or YWCA/YMCA program, elementary school classroom, or pediatric health care setting. Sites must be approved by the course instructor.

Credits: 3

Attributes: Social Science

Prerequisites: 9 Credit Hours of Psychology

Course Notes: **Enrollment in the Child Family Studies concentration required.** Instructor consent required, email smeyers@roosevelt.edu.

Course requires 72 hours of community service.

**PSYC 399 - DIRECTED RESEARCH**

Active involvement in the research program of a psychology department member. Variable credit (1-3 semester hours) per semester. Repeated registrations allowed up to a total of 6 semester hours, but a maximum of 3 semester hours can be applied to the psychology major. Graded A to F.

Credits: 1-3

Prerequisites: 9 Credit Hours of Psychology

Course Notes: Prerequisites: three psychology courses; application and instructor approval required. Course can be repeated for 6 semester hours maximum with 3 semester hours maximum applied to psychology major.

**PSYC 399R - RESEARCH THESIS**

By working on their theses, students will be able to hone their own ways of organizing and presenting research. The thesis will involve original, empirical research, although theoretical papers will also be permitted with faculty approval. Students are responsible for a review of the literature in their topic area, the obtainment of data, conclusions as a result of gathered information, and any future implications that may arise as a result of their research. A formal research paper and presentation to a faculty panel is required. Students must obtain the consent of a faculty member to serve as their thesis advisor prior to the start of the semester and provide the faculty advisor with a detailed contract of the proposed parameters of their research. (Prerequisites: PSY 295 and PSY 480)

Credits: 3

Prerequisites: PSY 295 and PSY 480