

# MENTAL HEALTH CONCENTRATION

---

The Concentration in Mental Health allows undergraduates to learn about psychological well being and distress, personality, and how mental health professionals address these concerns. This concentration sequence also includes an internship course that provides students with first-hand experience assisting others in the community. This concentration is well suited for students who will pursue graduate training in the helping professions or those who may be employed in entry-level mental health positions after graduation.

---

## Requirements

Five courses (15 credit hours) are needed to earn a Concentration in Mental Health. Three of these courses are required, and students choose two electives from a list of options.

All courses must be passed with a grade of C- or higher. A minimum cumulative GPA of 2.0 is required for all courses in the concentration. Only one class can be transferred from another institution.

Code	Title	Credit Hours
<b>Core</b>		<b>9</b>
PSYC 201	ABNORMAL PSYCHOLOGY	
PSYC 243	THEORIES OF PERSONALITY	
PSYC 393	INTERNSHIP IN PSYCHOLOGY	
<b>Electives</b>		<b>6</b>
Select two of the following:		
PSYC 270	PSYCHOLOGICAL TESTS	
PSYC 319	CHILD & ADOLESCENT PSYCHOPATHOLOGY	
PSYC 347	HEALTH PSYCHOLOGY	
PSYC 375	COUNSELING AND CLINICAL INTERVENTIONS	
<b>Total Credit Hours</b>		<b>15</b>